Common Bond

# **Under 21 Group**

#### **Mission Statement**

The Under 21 Group (U21G) offers a fun and safe space for gay, lesbian, bisexual, transgender, two-spirit, and questioning youth under 21 years of age in Albuquerque and the surrounding areas. The group provides a variety of social, supportive, and educational activities. Male and female adult facilitators serve as positive role models.

## Location

The group meets every Friday from 7:30-10pm. Heights Community Center 823 Buena Vista SE (Between Coal and Gibson on Buena Vista SE)

### For more information

The Under 21 Group website: www.under21group.com

The Under 21 Group email: youth@under21group.com

The Comon Bond information line: (505) 891-3647 then dial \*21

#### **Parents**

Parents can support their kids by bringing them to the U21G and picking them up when the group ends.

"Our mission is to be a welcoming and inclusive organization, central to the gay/lesbian/bisexual/ transgender community. We endeavor to reach out to individuals, helping them to build self-esteem and to form connections with each other and the community. Information and education is provided in a non-judgemental, safe and confidential manner."

Additional resources for parents:

PFLAG (Parents, Families, and Friends of Lesbians And Gays) meets every third Tuesday of each month at 7:00pm at the First Congregational Church, 2801 Lomas NE.

http://www.pflagabq.org/873-7373

Safe Zone Project of Albuquerque Public Schools Contact Steve Ridlon: 889-2515 SDRidlon@aol.com

## **Facilitators**

Facilitators are adult role models in the gay, lesbian, bisexual, and transgender community. All facilitators must pass a national background check and attend facilitator trainings. Most importantly, facilitators should be comfortable being "out" and enjoy working with queer youth. To maintain the continuity of the U21G, facilitators must commit to spend several Friday nights a month from 7:30-10pm with the group.

If you are interested in becoming a facilitator, send an email to <a href="mailto:youth@under21group.com">youth@under21group.com</a>

## **Community Members**

The U21G plays a vital role in the lives of many gay, lesbian, bisexual, transgender, and questioning youth through boosting self confidence, encouraging peer support, and providing positive role modeling. You can support the U21G by informing others about the services this group provides. You can also contribute to the U21G through the Common Bond New Mexico Foundation. Donations can be sent to:

Common Bond Inc. for Under 21 Group PO Box 26836 Albuquerque, NM 87125

#### **Additional Resources**

Albuquerque Rape Crisis Center 266-7711 www.rape-crisis.org/

Gay, Lesbian and Straight Education Network www.glsen.org/cgi-bin/iowa/home.html

National Youth Advocacy Coalition (NYAC) www.nyacyouth.org/

New Mexico AIDS Services 938-7100 www.nmas.net

M-Power 232-2990

http://nmas.net/cms/mpoweronline.phtml

Santa Fe Mountain Center 505-983-6158 http://www.sf-mc.com/

New Day Youth and Family Services Teen crisis line 1-866-875-7233

Suicide Hotline for LGBT Youth (Trevor Project) 1-866-488-7386

UNM Women's Resource Center 277-3716 www.unm.edu/~women